

## Fitness to fly medical confirmation statement for expectant mothers wishing to travel

### Section One: Passenger Details

**Passenger Full Name:** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_

**Pregnancy (circle)**      Singleton      Multiple

**Outbound Flight Date** \_\_\_\_\_ **Number of weeks pregnant:** \_\_\_\_\_

**Inbound Flight Date** \_\_\_\_\_ **Number of weeks pregnant:** \_\_\_\_\_

### Section Two: Medical Assessment Completion by the midwife / doctor

**Expected Due Date (EDD):** \_\_\_\_\_

**Pregnancy is (circle)**      Uncomplicated      Complicated

**Fitness to fly (circle)**      Permitted      Not Permitted

**Name:** \_\_\_\_\_

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

Doctor's Stamp

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### Notes

Once an uncomplicated pregnancy enters the 28<sup>th</sup> week, expectant mothers are required to carry a 'fitness to fly' letter completed by their midwife / doctor. This completed letter should be dated within 2 weeks of the departure date.

Airlines reserve the right to refuse travel of an expectant mother over 28 weeks pregnant who do not present a completed 'fitness to fly' letter from their midwife / doctor at the check in desk and/or boarding gate.

For an uncomplicated pregnancy travel is not permitted beyond the following dates:

- Singleton pregnancy, travel is not permitted beyond the end of the 26<sup>th</sup> week
- Multiple pregnancy (twins, triplets etc.) travel is not permitted beyond the end of the 32<sup>nd</sup> week.